



Public Service Announcement

For immediate release

July 20, 2010

Hostelling International – Saskatchewan Announces Canoe Trips to Northern Sask.

Imagine canoeing along the beautiful historic Churchill River. Picture a lake so clean and pure that you can drink from it. Imagine eating hearty meals cooked on an open fire. Why imagine? **WHY NOT DO IT!?**

Join Hostelling International members and outdoor enthusiasts on one of two wilderness canoe trip adventures. You don't have to be an expert canoeist to participate – canoe guide Lloyd Saul will teach you how to canoe and how to do it safely. Throughout your trip Lloyd will also give instructions on camping skills, wilderness survival, local and native folklore and medicine.

The first trip departs from Regina on Monday, August 23 at 3:30 p.m. and will pick participants up at stops in Saskatoon and Prince Albert. You will spend one night at Nemeiben Lake and then canoe and portage through Trout Lake, Nipew Lake, Devils Rapids, and Otter Lake. There will be a total of 14 portages throughout the 105 km trip, as well as great fishing and beautiful scenery. You will travel home on Sunday, August 29, arriving in Regina at approximately 10 p.m.

The second trip departs from Regina on Friday, September 3 at 3:30 p.m. and will also pick up participants at stops in Saskatoon and Prince Albert. You will stop at the oldest building in Saskatchewan, the Holy Trinity Anglican Church at Stanley Mission, before canoeing from Stanley Mission to one of the seven natural wonders of Saskatchewan, Nistowiak Falls. This is a 12 meter drop you never forget! You will travel home on Monday, September 6, arriving in Regina at approximately 10 p.m.

Registration for each trip is \$500 for Hostelling International members and \$530 for non-members. Advance registration is required by August 7. Register early, as the limit is 12 participants per trip. For more information contact Hostelling International – Saskatchewan at (306) 791-8160, or Lloyd Saul at (306) 533-2612 or by email to lsaul@sasktel.net, referencing “canoe trip” in the subject line.